

Keep track of your newborn's eating habits and share the information with your pediatrician. This will help the doctor determine whether your baby is getting enough to eat, and whether any changes might be needed.

[illegible]

Mom's Guide to Feeding

Each baby has his own nutritional needs. As long as your baby is growing properly, there is no need to alter the amount of feedings you are giving him. As a guideline, you may refer to the table below to see the average range of feedings for babies of various ages.



Average Similac® Infant Formula Feeding Guidelines



Age	Average # of feedings in 24 hours	Average amount per feeding	Average amount per day
1-2 weeks	6-10	2-3 fl oz	12-30 fl oz
3-4 weeks	6-8	3-4 fl oz	18-32 fl oz
1-2 months	5-6	4-5 fl oz	20-30 fl oz
2-3 months	5-6	5-6 fl oz	25-36 fl oz
3-4 months	4-5	6-7 fl oz	24-35 fl oz
4-7 months	4-5	7-8 fl oz	28-40 fl oz
7-9 months	3-4	7-8 fl oz	21-32 fl oz
9-12 months	3	7-8 fl oz	21-24 fl oz

