

A year of changes has begun. Save the moments!

Before you know it, your little one won't be so little. Print this card to chart precious milestones of development typically reached between the corrected ages of 4 and 12 months.*

DATE	MILESTONE
/ /	 Baby holds head up when placed on tummy, rolls from tummy to back
/ /	 Baby babbles, makes sounds like “da,” “ga,” “ba,” and “ka”
/ /	 Baby explores objects, turns them upside down, and puts hands in openings
/ /	 Baby plays peek-a-boo and claps hands with excitement

DATE	MILESTONE
/ /	 Baby imitates sounds and movements
/ /	 Baby is more involved in feedings, trying to hold a bottle or pick up finger foods
/ /	 Baby responds to own name

* Every baby develops differently. If you have concerns about your baby's development, speak with their healthcare professional.

Baby's name: