


Here are some activities to help build your baby's language skills*

Each baby develops language at their own pace. But, there are general activities that can begin around your baby's corrected age of 4 months and will continue throughout baby's first year.

DATE	ACTIVITY	NOTES
<div> <div>/ /</div> <div></div> </div>	<div>  <p>Talk, and more talk</p> <ul style="list-style-type: none"> • Conversation lays the groundwork for verbal development • Provide simple descriptions of what your baby sees, hears, and smells </div>	<p>Today, I talked about:.....</p> <p>and my baby's reaction was:.....</p> <p>.....</p>
<div> <div>/ /</div> <div></div> </div>	<div>  <p>Read daily</p> <ul style="list-style-type: none"> • Read aloud to promote speech and encourage imitations • Use facial expressions, silly sound effects, and character voices </div>	<p>Today, I read:.....</p> <p>and my baby responded:</p> <div>      </div>
<div> <div>/ /</div> <div></div> </div>	<div>  <p>Motivate to imitate</p> <ul style="list-style-type: none"> • Your baby has been imitating you from the start; begin repeating their sounds back to them • Encourage your baby to respond and imitate you, and react positively when they do </div>	<p>Today, my baby imitated:</p> <p>.....</p> <p>.....</p>
<div> <div>/ /</div> <div></div> </div>	<div>  <p>Point and share</p> <ul style="list-style-type: none"> • At about 9 months corrected age, ask your baby questions such as "Where's Mama?" or "What's that?" and stimulate with finger pointing • Ask your baby to find a person or object you've named (such as a toy or bottle) </div>	<p>Today, my baby found their:</p> <p>.....</p> <p>when I asked them to.</p>

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<div> / /</div>	<div><p>Baby babble</p><ul style="list-style-type: none">Respond to your baby’s nonsense syllables while engaging in silly conversationsAllow them time to talk, and respond to what your baby says as if talking to a dear friend—ask questions, talk about your day, etc.</div>	<div>We had a good chat today. It was about:</div> <div></div> <div></div>
<div> / /</div>	<div><p>Every word counts</p><ul style="list-style-type: none">Counting objects with your baby provides repetition that leads to imitationCount baby’s fingers or toes out loud energetically; fill and empty baskets with toys as you encourage your little one to acknowledge and/or repeat each item by number</div>	<div>My baby repeated their first number today. It was:</div> <div></div> <div></div>
<div> / /</div>	<div><p>Tune in</p><ul style="list-style-type: none">Pair up a childhood song such as “Itsy Bitsy Spider” with simple hand movements to help your baby learn the rhythm of languageGuide your baby’s hands as they watch you sing; later, leave a word out of the song and let them try to fill in the blank</div>	<div>Our favorite baby song right now is:</div> <div></div> <div>My baby’s favorite part is:</div> <div></div>
<div> / /</div>	<div><p>Shhhhh...</p><ul style="list-style-type: none">Periodically eliminate the sounds of the television, music, or computerIllogical as it seems, this can build your baby’s language skills by giving them time to practice without distraction</div>	<div>During my baby’s quiet time today, I eliminated:</div> <div></div> <div>and my baby was practicing:</div> <div></div>

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